

Daytrana (Methylphenidate) Patch — Patient Information Handout

What is Daytrana?

Daytrana is a prescription skin patch that contains methylphenidate, a medicine used to treat Attention Deficit Hyperactivity Disorder (ADHD) in patients ages 6 to 17. It works by delivering medication steadily through the skin throughout the day.

How to Apply the Patch

- Apply the patch to a **clean, dry area on the hip**. The skin should not be oily, damaged, or irritated.
- **Alternate the hip** you place the patch on each day (left hip one day, right hip the next).
- Press the patch firmly in place for about 30 seconds to make sure it sticks well.
- Avoid touching the sticky (adhesive) side of the patch. If you do, wash your hands right away.
- Do **not** place the patch on the waistline or anywhere tight clothing may rub against it.
- Do **not** cut the patch. Only use whole, intact patches.
- Do **not** apply creams, ointments, or lotions to the skin before putting on the patch.

When to Apply and Remove

- Apply the patch **2 hours before** you need the medication to start working.
- Remove the patch **9 hours after** you put it on.
- You may remove it earlier than 9 hours if you experience side effects in the evening (such as trouble sleeping or loss of appetite).

- If the patch falls off or does not stick, throw it away and apply a new one. The total wear time for the day should still be no more than 9 hours.

How to Remove and Dispose of the Patch

- Peel the patch off slowly.
 - Fold the used patch in half with the sticky sides together.
 - Throw it away in a trash can with a lid, out of the reach of children and pets. Even a used patch still contains medication.
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Common Side Effects

- Decreased appetite or weight loss
 - Trouble sleeping (insomnia)
 - Nausea or vomiting
 - Stomach pain
 - Mood changes or irritability
 - Dizziness
 - Skin redness, itching, or small bumps at the patch site (this is very common and usually mild)
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Important Warnings

- **Avoid heat:** Do not expose the patch to direct heat sources such as heating pads, electric blankets, hair dryers, or hot tubs. Heat can cause too much medicine to be absorbed at once, which can be dangerous.
- **Water exposure:** Bathing, swimming, or showering may cause the patch to come loose. Try to limit water exposure to the patch area.
- **Skin changes:** The patch may cause a loss of skin color (lighter patches of skin) at or near the application site, or even in other areas. If you notice any changes in skin color, tell your doctor right away.

- **Skin reactions:** Mild redness is normal. However, if you notice swelling, blisters, or a rash that spreads or does not go away within 48 hours after removing the patch, stop using the patch and contact your doctor.
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When to Call Your Doctor Right Away

- Chest pain, shortness of breath, or fainting
 - New or worsening mental health symptoms such as hearing voices, seeing things that are not there, or unusual mood changes
 - New or worsening tics (sudden, repeated movements or sounds)
 - Signs of circulation problems: fingers or toes that feel numb, cold, or painful, or that change color (pale, blue, or red)
 - Painful erection lasting more than 4 hours (priapism)
 - Seizures
 - Swelling, blisters, or spreading rash at the patch site
 - Changes in skin color at or away from the patch site
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Other Important Information

- Daytrana is a controlled substance because it can be misused. Keep it in a safe place and never share it with others.
- Do **not** use Daytrana if you are taking or have recently taken (within the past 14 days) a type of medicine called an MAO inhibitor.
- Tell your doctor about all medicines you take, including blood thinners, blood pressure medicines, seizure medicines, and antidepressants, as Daytrana may interact with them.
- Your doctor may want to check your child's height, weight, blood pressure, and heart rate regularly while using this medicine.
- If surgery is planned, tell the surgeon that you or your child uses Daytrana. The patch should not be worn on the day of surgery if certain anesthetics are being used.

- Store patches at room temperature. Keep them in their sealed pouches until ready to use.
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Questions?

If you have any questions about Daytrana, talk to your doctor or pharmacist. You can also report side effects to the FDA at 1-800-FDA-1088 or www.fda.gov/medwatch, or to Noven Therapeutics, LLC at 1-800-455-8070.